

Reflection: End of Week 5

Exercise

Write a short (several paragraphs) statement addressing these topics from fourth and fifth weeks.

Thoughts on college life: We are now half-way through the quarter. Take a few minutes to think about how things are going for you and then reflect on the following prompts. Feel free to include other thoughts you'd like to share. Try to go beyond one word/short answers; think beyond quick responses.

- What aspect of college life is going as you expected or better than you expected before you got to college? Explain.
- What aspect of college life is not what you expected? Explain.
- How is your balance of school/work/sleep? Are you sleeping on a regular schedule? Have you taken the opportunity to explore any student activities or organizations around campus? How do you think these things are affecting your academic performance?

Thoughts on disability: Take a few minutes to think about our readings and class discussions and then reflect on the following:

- Discuss something you learned about the ADA and why that is important.

When you are done, submit the document you created for this reflection via Kit.